



Petawawa Skating Club 2009 / 2010 Winter Schedule

revised 9 Sept 09

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
	Silver Dart Arena (Stag)	Civic Centre	Silver Dart Arena (Bear)	Civic Centre	Silver Dart Arena (Stag)	Silver Dart Arena (Stag)
Senior A StarSkate	5:00 - 5:30 Skills			5:00 - 5:30 Dance	4:30 - 5:00 Skills	10:00 - 10:15 Spins
	5:30 - 6:20 Free			5:30 - 6:00 Spins	5:00 - 5:30 Dance	10:15 - 11:00 Free
	6:20 - 6:30 Flood			6:00 - 6:45 Free	5:30 - 6:20 Free	11:00 - 11:30 Dance
	6:30 - 7:00 Dance			6:45 - 7:00 Stroking	6:20 - 6:30 Flood	
	7:00 - 7:15 Stroking			7:00 - 7:10 Flood	6:30 - 7:20 Open	
	7:15 - 7:45 Free					
Intermediate / Senior B StarSkate		5:30 - 5:50 Spins	5:00 - 5:30 Free		4:30 - 5:00 Skills	9:00 - 9:30 Free
		5:50 - 6:20 Dance	5:30 - 5:45 Dance		5:00 - 5:30 Dance	9:30 - 9:45 Skills
		6:20 - 6:50 Free	5:45 - 6:00 Skills			9:45 - 10:00 Dance
		6:50 - 7:05 Skills				10:00 - 10:15 Spins
		7:05 - 7:15 Stroking				
CanSkate Stage1 (Formerly Kidskate)		5:00 - 5:30	11:15 - 11:45 6:00 - 6:30	5:30 - 6:00		11:40 - 12:10
CanSkate Stages 2 to 6		5:00 - 5:50	6:00 - 6:50			11:40 - 12:30
CanPower			7:00 - 7:50			
Adult						12:30 - 1:20
Intermediate Synchro	7:45 - 8:20			7:10 - 8:15		
Adult Synchro		7:15 - 8:15				

Club Contacts:

President: Jeff Martin - (613)687-0331

Registrar: Laurie Hammel - (613)732-1447

Head Coach: Stephanie Wallace - (613)735-5266

All Sessions Begin the Week following Thanksgiving October 13, 2009

For important dates, current news and schedules changes visit us on-line visit us on-line @ www.petawawaskatingclub.com